

Atlantic Challenge USA COVID-19 Assumption of Risk Statement

Please sign and email to atlanticchallengeusa@gmail.com

**Updated May 16th 2021*

Atlantic Challenge USA is looking forward to welcoming you to a 2021 summer sailing and rowing expedition on beautiful mid-coast Maine! We want to make sure you know how we're handling reducing the spread of Covid-19, so you can make an informed decision about your choice to participate in our program.

Our commitment to safety is our number one priority. How best to manage the risks of spreading Covid-19 is an evolving situation, and our practices may change as we gain new information or receive new recommendations from the CDC, Maine CDC, the Sea Scouts, and other similar outdoor programs. Thanks for your flexibility, understanding, patience, and support.

Atlantic Challenge USA will use medical advice and our best judgement to decide when and under what conditions any programs will operate. Activities, policies, or locations may be changed, potentially at the last minute. We will keep you informed if there are any changes.

Contracting Covid-19 is a risk for everyone and like other risks, cannot be entirely eliminated. To mitigate the risk of Covid-19 spread on our program, we ask:

Before you come:

- Be fully vaccinated against Covid-19, meaning that you will have received your last shot at least two weeks before the start of the program.
- Take steps to limit your exposure to Covid for 14 days prior to and while traveling to your program. This includes physical distancing, wearing a mask or face covering when in public, and especially when physical distancing is not possible, frequent hand washing, and monitoring your health for symptoms of Covid-19.
- Do not travel to your AC USA program if you have Covid-19 symptoms (cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat, or new loss of taste or smell), have in the past 14 days been in close contact with someone suspected or confirmed as having COVID-19, or you are confirmed or suspected as having COVID-19 in the past 14 days.

- Disclose all pertinent medical conditions before your program starts.
- Participants who test positive for COVID-19 (within 14 days of course start) will not be allowed to participate in the program.

At the start of the program, we will:

- Conduct a health check by asking you some questions about how you are feeling and taking your temperature with a touch-free thermometer. If anyone has symptoms of COVID-19, we will separate that person from the group, and seek medical advice.

During your program, we will:

- While in shared spaces with the general public **indoors** (ie. inside the ferry cabin from Rockland to Vinalhaven), physically distance at least six feet from people outside our group, and wear face coverings when closer than six feet.
- Practice excellent hand hygiene throughout the program. Soap and hand sanitizer will be provided for your use.
- A brief health check will occur each day of the program. We will have a touch-free thermometer to check your temperature as needed.
- If a participant develops symptoms of COVID-19, we will care for them in ways to limit close contact with others, seek medical advice, and follow our COVID-19 illness guidelines which may include evacuation.
- If required by local health authorities, it's possible that the whole group will be evacuated. If you or someone on your program, either during the course or afterwards, is found to be COVID-19 positive we will cooperate with public health authorities with contact tracing as necessary.
- An on-site rapid Covid-19 test will be administered to participants who are symptomatic of Covid-19. A positive test or symptomatic participants will result in physical distancing at least six feet from the rest of the group, wearing a face covering when physical distancing is not possible, and consultation with medical professionals.

- All costs associated with an evacuation from the program are the responsibility of the participant or the participant's family. We have limited ability to house evacuees, and they may need to stay in local lodging until they are able or allowed, per medical advice, to return home. Participants will need to make their own travel arrangements to return home. AC USA may be able to provide some assistance in finding lodging or arranging travel.
- Participants are encouraged to take whatever Covid-prevention precautions they find necessary to make themselves comfortable. Masking, physical distancing, and individual tenting while participating in the program will be supported.
- Atlantic Challenge USA reserves the right to amend and/or adjust these policies as necessary. Participants will be notified via email if changes are made prior to the start of the program.
- Participants who in our judgement do not comply with these expectations may be expelled from the program.

Atlantic Challenge USA, including it's board, staff and volunteers, are not responsible for any illness or death of participants caused by Covid-19.

I (or the parent or guardian of a minor participant under 18) have read and acknowledge the information regarding the risk of COVID-19 on my Atlantic Challenge USA program:

_____ Date Signed _____

Participant Signature, Age of participant _____

Printed Name

_____ Date Signed _____

Parent/Guardian Signature

Printed Name of Parent or Guardian